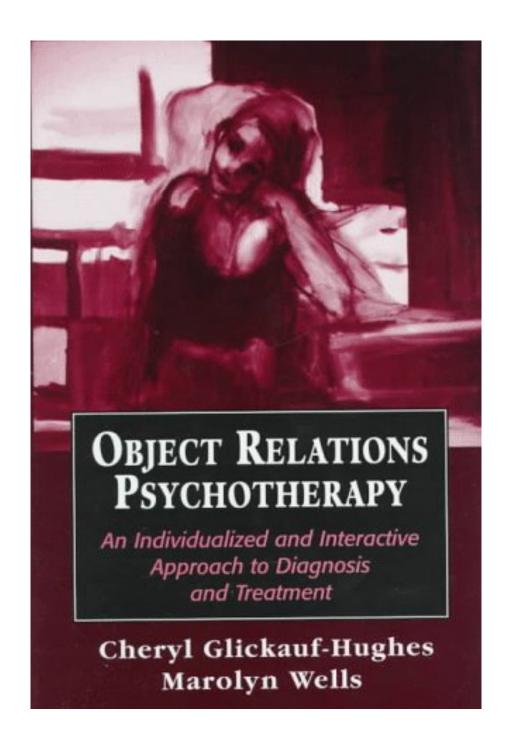


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Glickauf-Hughes and Wells present a clear and well-organized review of personality development according to object relations theorists. They offer an explanation and critique of each major theorist, note issues on which there is disagreement (along with areas of investigation not fully explored), and present implications for treatment. Concepts are well defined, and one gets the sense of a cohesive body of knowledge (possibly more cohesive than it actually is). Those unfamiliar with object-relations theory will have a good outline; those who know enough to be confused will find some clarification. (Allan H. Gelber Ph.D., director, Arizona Center for Mental Health, P.C. Journal Of Psychotherapy Practice and Research)

About the Author

Cheryl Glickauf-Hughes and Marolyn Wells are associate professors in the department of psychology at Georgia State University, Atlanta, where each also maintains a private practice. In addition, Glickauf-Hughes is adjunct professor in the department of psychiatry at Emory University School of Medicine, and Wells is director of internship training and staff psychologist at the Counceling Center at Georgia State University.

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This book offers clinicians a new approach to psychotherapy. It goes beyond mere modifications of existing technique and shows how object relations theory can be used to specify the precise manner in which the therapist must be a new object for each patient. A detailed approach to differential diagnosis allows therapy to be tailored to the needs of the individual patient, based on that patient's particular character structure. Comprehensive in scope, rich with clinical illustrations, this book provides a framework for resolving the wide range of problems that today's clinicians face.

Sales Rank: #1280054 in BooksBrand: Brand: Jason Aronson

• Published on: 1997-08

• Ingredients: Example Ingredients

Original language: English Number of items: 1

• Dimensions: 1.41" h x 6.39" w x 9.29" l,

• Binding: Hardcover

• 484 pages

Features

• Used Book in Good Condition

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