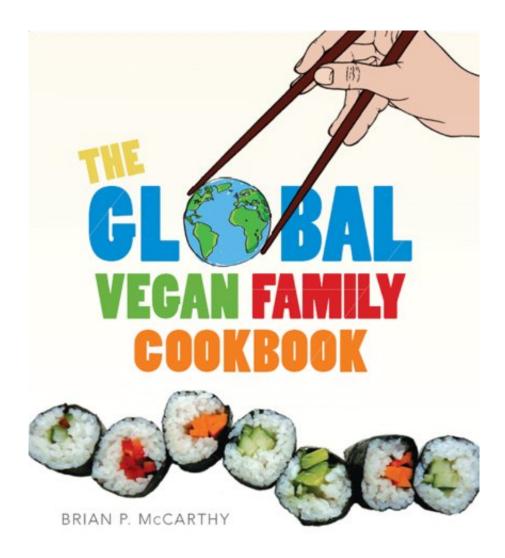


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Chef Brian P. McCarthy has been a professional cook for 25 years. While attending culinary college, he and his wife, Karen, began to educate themselves on the dangers of the typical American diet. The McCarthy family lives in Oregon, where they have enjoyed a vegan diet for the past ten years. The McCarthy family will donate ten percent of their royalties to nonprofit agencies dedicated to helping the earth's environment. Brian often makes cooking videos that can be found at Everyday Dish TV.

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For fans of The Vegan Family Cookbook—and anyone who is concerned about animals, the environment, and their health—Chef Brian McCarthy is back with a cookbook that shows that international vegan food is not only good for the planet and good for you, but it's easy and fun to prepare too. The Global Vegan Family Cookbook contains more than 300 simple, nutritious recipes, such as Turkish Bean Soup and Cardamom Coconut Bread Pudding. Along the way you'll sample appealing appetizers, blissful breakfasts, and decadent desserts with origins from across the globe. Written by a professional chef who has been eating and enjoying a vegan diet for almost twenty years, this cookbook will take you on a culinary trip around the world without having to obtain a passport. Vegan cooking has never been more diverse, or delicious!

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