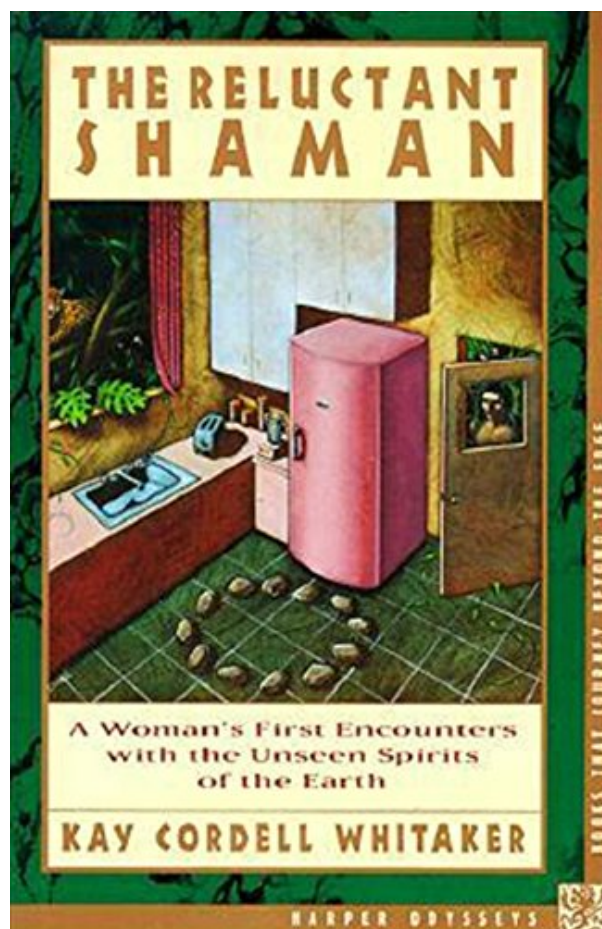
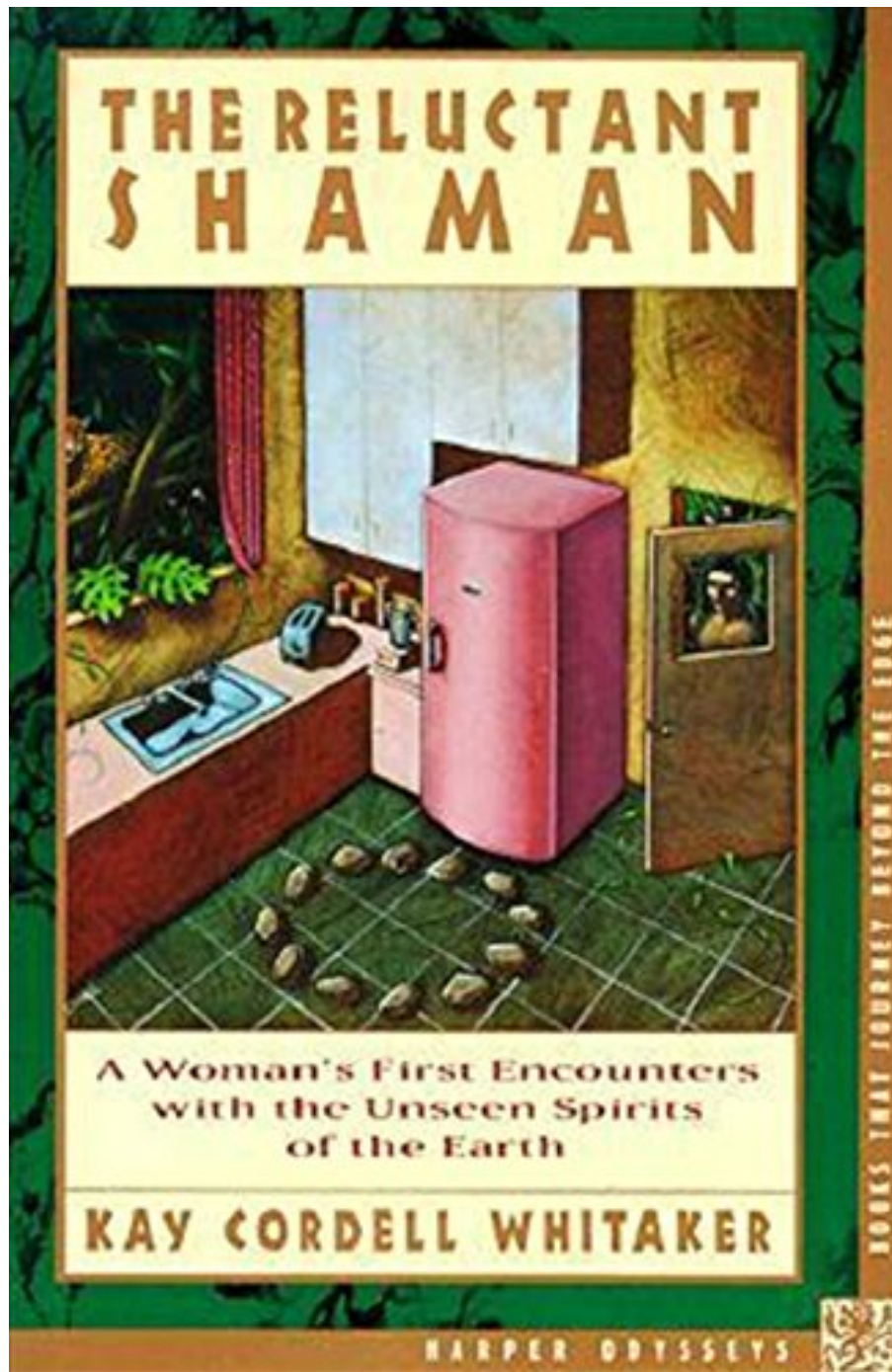


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About the Author

Kay Cordell Whitaker lives in Oregon.

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- Sales Rank: #935492 in Books
- Brand: HarperOne
- Published on: 1991-12-06
- Released on: 1991-12-06
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .71" w x 5.31" l, .60 pounds
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Features

- Great product!

About the Author

Kay Cordell Whitaker lives in Oregon.

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This is a great story and a very clever way to introduce yourself ...

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This is a great story and a very clever way to introduce yourself to the world of shamanism if you aren't already familiar. I really wish Kay would write more, I'd definitely read anything else she published!

10 of 11 people found the following review helpful.

Thank you Kay Whitaker for a FABULOUS book!

By Skipperooney

If you liked Dan Millman's "Sacred Journey of the Peaceful Warrior", then let Kay Whitaker's "The Reluctant Shaman" take you on even deeper sacred journey. My consciousness altered noticeably every time I started reading it...and then magical shifts started happening in my life!

Suggestion: read "Reluctant Shaman" for pleasure and knowledge, then use it as a text book. I have practiced many of the exercises (finding my song, the kundalini and chakra experiences, etc.) and I'm delighted with the surprises that have made me grow! I love to expand my awareness and this book is a treasure into which I repeatedly dig. There is more packed in here than meets the eye! This book's a keeper for anyone

who is a mystic/shaman in training! Let your heart sing!

37 of 40 people found the following review helpful.

Excellent instructional instrument. But ...

By Massimo Maddaloni

To appreciate this book you **MUST** know what the author is talking about. Without such knowledge this book shall be a waste of time and money. I was planning to attend a workshop instructed by one of the author's foremost students and I was told to read this book, which I did. When I read it the first time, I seriously thought that it was one of the worst books I have ever come across and I decided not to attend the workshop. Through some odd twist of fate I changed my mind and actually attended the workshop. This has been my first practical experience in this field and I have no problem to state it has been an extremely rich one. Then I re-read the book and I realized that it's **NOT** a new agey, drug-inspired, empty sequence of words. On the contrary it's a down-to-business, very practical instructional instrument. It's almost like a cook-book. Again, as long as you know what it's talking about.

The book in itself is not written very well. It doesn't flow smoothly at all. The continuous quotations of the author's teachers make it a hard reading: after a while the "me-Tarzan-you-Jane" style gets on the nerves. In my opinion this book doesn't do the justice of this very fine lineage of shamanic practitioners, instructors and healers. However, if you have been exposed to their instruction and need a text-book to go over their teachings, this is a must have.

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