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### Amalgam Illness diagnosis and treatment What you can do to get better How your doctor can help you

### Andrew Hall Cutler PhD PE

Do you or someone you know suffer from: Allergies Asthma Autoimmune diseases Amylorophic lateral sclerosis Ankylosing spondylitis Myasthenia gravis Parkinson's disease Alzheimers' disease Schizophrenia spectrum disorders Borderline personality disorder Anxiety Panic attacks Attention deficit hyperactivity disorder Learning disabilities Learning disabilities Endocrine problems Depression Obsessive-compulsive disorder

Manic depressive disorder Rheumatoid arthritis Juvenile arthritis Lupus erythromatosus Multiple chemical sensitivities Environmental illness Chronic fatigue Fibromyalgia Sciatica Gastritits Irritable bowel syndrome Colitis Crohn's disease Sleep disorders Anorexia nervosa Bulimia Yeast syndrome

Or other life limiting problems your doctor can't do much about?

Have you heard about the controversy surrounding mercury from dental fillings and other sources? Did you know you might actually be mercury poisoned? Would you like to find out? Let a highly qualified research scientist explain:

- why we know millions of people have undiagnosed mercury poisoning why conventional medicine is slow to accept this how you can find out if your problems are actually due to mercury how to cure mercury poisoning and get rid of your health problems

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Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help By Andrew Hall Cutler How can you change your mind to be more open? There numerous sources that could help you to improve your ideas. It can be from the other encounters as well as tale from some people. Reserve Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help By Andrew Hall Cutler is one of the relied on resources to obtain. You could find a lot of books that we discuss right here in this internet site. And also now, we reveal you among the best, the Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help By Andrew Hall Cutler

#### Review

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This book presents a wealth of information on mercury poisoning such as you might have gotten from dental amalgam fillings, laboratory accidents, occupational exposure to mercury, exposure to mercury preservatives in health care products such as eye care products and contraceptives, etc. The book discusses how to tell if you have mercury poisoning, what to do about it, how to get help, and how to deal with physicians. Much of this information is covered several times at different levels so that you can find the amount of detail that best suits you. The book is straightforward and factual. The book is a tool for solving intractable health problems.

This book need not be read cover to cover or in any particular order. Figures and tables have been included to rapidly convey how the different symptoms are interrelated and how different medicines and nutritional supplements can be used.

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I was very lucky when I got sick. Not lucky to get sick! That was a terrible experience! But I was lucky to have received exactly the right education before I needed it - close enough to medicine to be able to read physician's textbooks, but not close enough to share all the myths and be sure of the things "everyone knows." I was lucky to have had some business experience so I viewed physicians as professional service providers and knew how to get the services I needed from them. I had the right political experience to realize I could get lots of valuable information by just talking to enough people, but that certain things had to be learned by reading books.

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Amalgam Illness: Diagnosis and Treatment starts with a detailed explanation of why to consider amalgam illness to be something that some people must have by comparing the well known statistics for how much mercury people absorb from their fillings to the well known statistics of how sensitive different members of a population are to a given toxin. This is for people who really don't know if they believe in amalgam illness or not (the other material available is rather sensational and I can't blame anyone reading it for having questions) before going any further.

Amalgam Illness: Diagnosis and Treatment discusses how to deal with physicians if you think you have a controversial disease - especially if you have the great "luck" to be covered by a managed care plan.

A key section is devoted to diagnosis - how to tell if you actually have amalgam illness instead of something else. It is also possible to be mercury poisoned from something other than amalgam, and the testing and examination described here is diagnostic regardless of the source.

How to get the dental work done safely if you have decided amalgam fillings are the problem is briefly described - there is a robust industry of amalgam free dentists if you know how to look for them.

The use of drugs and nutritional supplements to get the mercury out of your system is carefully presented there are some important factors here that are not well described in the previous books on the subject and not all physicians who claim they know what to do actually give good advice.

Then comes what turns out to be the major section of the book - how to treat all the related health conditions amalgam illness can cause so as to relieve them while mercury detoxification proceeds. Since amalgam illness is not widely recognized in the medical community, most people with it get pretty sick before they get motivated to bounce around between doctors and eventually end up in front of one who tells them about it. So most victims have pretty serious, unpleasant health problems (like fibromyalgia or severe allergies) and they really need to make these STOP for the year or two it can take to get fully detoxed and let your body heal.

There are extensive tables of what to use for different conditions, a description of all the drugs and nutritional supplements suggested in the book, and appendices covering things like what the assorted clinical laboratory tests you might get actually mean, what other helpful books are that you might use, and supporting information like what the chelating agents are and how they work.

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### Features

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Most helpful customer reviews

5 of 5 people found the following review helpful.

The Hardest times are the proof. The truth is the shortcut.

By Jillian W.

I ordered this book after 3 years of going to doctors to try to figure out my health issues: Hashimoto's thyroiditis, infertility, estrogen dominance, fatigue, hypertrophic bladder, depression, hypo manic, etc...

My whole life was falling apart. I'm a nurse, so I won't quit my vigilance.

I met a woman at the Vitamin store who said she has Hashimoto's due to her mother's amalgam fillings, and she was taking supplements to help. I dismissed her as crazy, but my health continued to decline as did my memory. At the time I was taking a supplement called ALA without knowing the half-life or that taking it with the amalgams in my mouth would cause catastrophic health. Eventually, the tooth next to my amalgam bore a hole due to the ALA trying to pull the metals out of my tooth. My health plummeted to an ultimate low.

I'm grateful for Dr. Cutler. I found the Mercury Detox Support Group on FB and he had just joined that week, as well!

For the people who write in these reviews about his negative personality, they are expecting that a man who has a PhD in chemistry, who also became ill be the utmost respectable person. Drop your expectations. Ultimately, he is a human being and he will not hide his strong emotions. That is what I call a "real" doctor. As a nurse, I have learned the most from those types.

No politics, no holds barred doctors!!

My health: Marked improvements: Improved memory, energy, mood, etc...

Give yourself a chance and do not give up, because every tiny improvement or step back will teach you something. You have to do as he says! He really isn't writing this book as a fad, so you cannot pick and choose! Also, he tells you how to talk to your doctor which is very important. Most medical professionals were taught a program, so they literally need you to be your own advocate.

Have a realistic outlook, this is hard work, but life is hard work and you may experience many bumps during this healing, but that is by no means a reason to blame Dr. Cutler. This is a challenge that will teach you so much. Embrace it.

Real health is hard, period.

16 of 16 people found the following review helpful.

Excellent book

### By Anna

I had amalgams in me for 15 years and those years were hell. I was extremely ill as I had bought this new high speed electric toothbrush. Incidentally it caused a lot of mercury to come out of my fillings as I believe the fillings got polished and the layer of tarnish that built over the years got removed. For a 30 year old I had tingling in my hands and feet ,numbness in my limbs and total loss of memory. Fortunately my sister had read some place about the amalgam contorversey and when she mentioned it I quickly knew what was wrong. The claims of the dentist and authorities about their safety didnt help. I am an engineer and I know how wrong mercury can be for you, unfortunately I didnt know this when they put it inside me. I ordered the book by Hal Huggins ' Its all in your head' (You need this to know how they should remove the mercury safely), searched a dentist who could remove the mercury safely for me. I could already feel better after my amalgam removal. Unfortunately I had metal screws in me from a previous fracture in the leg, so I did not start chelation rightaway. No doctor will ever tell u that no matter what, do not ever get a metal inside you, they always leach. My screws were stainless steel, my hair test results showed high nickel which I know is a component of steel. 3 months after amalam removal I scheduled a surgery for screw removal. 2 months of juicing and supplementation to get healthy before starting chelation. This month I started the AC chelation protocol, have completed 2 rounds with DMSA, and already feel so fabulous. It took me 8 months after amalgam removel to get to this stage. I had blood work done at the peak of my toxicity last year, so this year I am again waiting for my annual check up to see figures change. I feel the brain fog is reducing, I have so much energy. My healing would have been slow without this book. I dont know if I would ever lose my brain fog without chelation. I was getting better slowly but chelation with AC protocol is giving fast results. This has showed at work too, my boss feels I have been really performing well lately. I seem to have the brightest ideas and fixes for any problem. Little does he or anyone know about my heros - Dr Andy Cutler, Dr Hal Huggins. Defnitely recommend this book!

9 of 9 people found the following review helpful.

Thank God for this book and Andy Cutler!

By Sherri Olson

If only I had found this book sooner! I have terrible mercury toxicity (confirmed by hair analysis) and tried several detoxing/chelation methods that did alot of damage that I am still recovering from. This book would have warned me in advance not to do those things. It isn't the best written or organized book in the world but all the information is there! I haven't even been able to start chelating the mercury yet, but I have implemented some of the supplement recommendations and am starting to feel a little better. My mercury exposure was severe. From amalgam fillings as a child (and incorrect removal of them), to allergy and flu shots, to vaccinations, and even playing with a broken thermometer. I was doomed to life-long illness from a very young age. This book gives me hope that eventually I will be ok. I don't even know what I would do without it! This book is worth ten times the cost!

See all 95 customer reviews...

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scientific evidence that a lot of people are mercury poisoned.

This book is especially valuable because some physicians are not yet familiar with the diagnosis and treatment of chronic mercury poisoning. Their textbooks state that there is no suitable biological index for the amount of mercury in the target organ, the brain, but do not explain what tests to use in place of the old fashioned ones that miss 2 cases out of 3. Worse, the textbooks offer no guidance on how to cure chronic mercury poisoning or control symptoms during treatment. This book gives your physician the information they need to help you.

Since the medical textbooks aren't up to date on chronic mercury poisoning yet, the burden is on you, the patient, to decide whether to accept a physician's diagnosis and proposed treatment plan, or to seek another. If you are getting diagnoses like "there is nothing wrong," or "it's all in your head" and proposed treatment plans like "try ignoring it and seeing if it goes away," this is the right book for you. Don't suffer silently. Read Amalgam Illness: Diagnosis And Treatment and get well.

### From the Author

I wrote this book because I became seriously ill while most doctors told me there was nothing wrong. After an "environmental medicine" doctor suggested I had amalgam illness I had to read lots of medical literature to figure out what was going on and what to do about it. I got better after having my fillings replaced and taking appropriate chelating agents. I also know a lot of other people to whom this happened.

I was very lucky when I got sick. Not lucky to get sick! That was a terrible experience! But I was lucky to have received exactly the right education before I needed it - close enough to medicine to be able to read physician's textbooks, but not close enough to share all the myths and be sure of the things "everyone knows." I was lucky to have had some business experience so I viewed physicians as professional service providers and knew how to get the services I needed from them. I had the right political experience to realize I could get lots of valuable information by just talking to enough people, but that certain things had to be learned by reading books.

I didn't only learn how to get better. I also learned how much people suffer from this terrible condition. I learned how poorly understood mercury poisoning is. I wrote this book so that other people don't have to do

all their own detective work when they get sick. So that people could start with the best information I could find. So that future victims of mercury poisoning won't have to suffer unnecessarily because nobody really knows what to do. I wrote this book to help you get well.

Sometimes it takes the doctors a while to figure out what is causing a disease. Until recently it was believed that ulcers were entirely psychosomatic. Ulcer sufferers underwent prolonged treatment, were seldom cured, and often ended up under the surgeon's knife. It is now known that most ulcers are due to helicobacter pylorii infection, and ulcers easily cured.

Lyme disease is a fascinating story. A housewife fell ill. Her symptoms were considered psychosomatic. When her husband and children came down with similar problems, this was regarded as some kind of projection of her psychosomatic complaint. She was eventually able to convince a physician that the only crazy thing was assuming that something psychosomatic could be contagious! Once the doctor gave them medicine they got better.

Chronic Fatigue Immune Deficiency Syndrome is still routinely considered a psychiatric disorder despite the repeated publication of physical and laboratory abnormalities always found in victims of it. People who realize it's not "Yuppie flu" find treatments that help them get better. A lot of these are covered in this book since CFIDS is often caused by unrecognized mercury poisoning and I had a terrible time with it.

In less recent times, another form of mercury poisoning - acrodynia, or pink disease in babies - was endemic for 150 years until physicians recognized mercury as the causal agent. The disease was eliminated and all the babies got better by changing the formulation of infant care products that used to include mercury.

This book is the kind of book you'd expect a chemist to write - one that is mechanistic, interrelated, and views the body as a complex chemical factory to be measured and controlled by adding a bit of the right reagent over here, taking something out over there, and sprinkling on "magic pixie dust" where needed. This isn't the only way to understand things. It is just the way I knew how to explain them.

Progress in medicine is sometimes slow due to people's natural tendency to hold on to the old theories they learned in school. Medical school professors can be a bit dogmatic about the need to adhere to the theories they lecture on so authoritatively. It takes a while for what ordinary doctors see day after day in their clinics to get applied creatively to making people better, and even longer for this information to make it back into medical school lectures. I hope I have given you the best of both worlds in this book - a description of what actually happens to real people when they encounter mercury, instead of the theoretical response the average man is projected to have from what happens to little mice and rats in medical school experiments.

I've written this book according to a modern paradigm of medicine. This new paradigm consists of viewing the human body as a system where biochemistry leads to metabolism which in turn becomes physiology. The new paradigm is to see disease as a slow progression from health to death rather than the sudden onset of a "disease" once a certain number of symptoms occur. The new paradigm lets you use the best of both mainstream and alternative medicine to get well.

Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help By Andrew Hall Cutler How can you change your mind to be more open? There numerous sources that could help you to improve your ideas. It can be from the other encounters as well as tale from some people. Reserve Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help By Andrew Hall Cutler is one of the relied on resources to obtain. You could find a lot of books that we discuss right here in this internet site. And also now, we reveal you among the best, the Amalgam Illness, Diagnosis And Treatment : What You Can Do To Get Better, How Your Doctor Can Help

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